

## **485 Racing the Clock to Awesome Meals Recipe Completion Chart**

You must prepare at least one recipe and complete each of the activities. Please keep track of the meals you have prepared using this chart.

Topic	Recipe	Number of Times Recipe Made
MyPyramid: The Starting Block	Anytime Egg Burritos	
Jump Start Your Day	Pumpkin Muffins	
Pastabilities	Pasta with Vegetables	
Super Soups	Chicken Noodle Vegetable Soup	
Planned Overs	Create-a-Casserole	
Equipment Helpers	Apple Crumble	
Overcoming Hurdles	Pour-a-Pan Pizza	

