

467 Cooking on My Own

Recipe Completion Chart

You must **prepare at least one meal** and **complete all the activities in each of the seven meal areas** to complete the project. Please keep track of the meals you have prepared using this chart.

Interest Area	Recipe	Number of Times Recipe Made
Safety Starts with Me	No Recipe	
Timing is Everything	Scrambled Eggs	
Be a Pro with Proteins	Taco Salad	
	BBQ Chicken Salad	
Whole Grain Goodness	Chicken and Rice	
	Vegetarian Bean and Rice Casserole	
Snack Central	Summer Salsa	
	Homemade Tortilla Chips	
One-Dish Wonders	Hamburger Skillet	
	Veggie Slow Cooker Lasagna	
What's for Dinner	Beef Pot Roast	
	Beef Pot Roast in a Slow Cooker	

