

KIDS in the Kitchen

**TUSCARAWAS COUNTY**

Chicken and Cheese Quesadilla

- 8 8-inch flour tortillas
- ½ cup shredded cheddar cheese (or mixed cheese as you prefer)
- ½ cup salsa
- 10 ounce can chicken breast or ½ pound skinless chicken breasts
- 1 tablespoon olive oil

Supplies

- Mixing Bowl
- Measuring Cups
- Measuring Spoons
- Pastry Brush
- Wooden Spoon
- Baking Sheets

Instructions

If using boneless, skinless chicken breasts, prepare chicken by one of the following methods – grilling, baking, sautéing – to internal temperature of 165 °F. Dice chicken pieces (cut into small cubes).

In a mixing bowl, combine chicken, cheese, and salsa.

Place 4 tortillas on baking sheets. Scoop ¼ of the mixture onto each tortilla. Cover with a second tortilla. Lightly brush the top tortilla with olive oil.

Bake at 350 °F just until cheese melts and tortilla is slightly toasted, approximately 10 minutes.

Serve with salsa, sour cream and/or guacamole.

For more information about this program, contact Chris Kendle
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