

**3** Sessions **2** Hours each **1** Goal

Launch your  
**PARENTING**  
to new heights.



## JOIN YOUR OSU EXTENSION FLIGHT INSTRUCTOR;

Chris Kendle, FCS Educator as she provides strategies to **LAUNCH** your parenting skills into a successful future!

This 3-session virtual workshop utilizes the Active Parenting of Teens curriculum to introduce you to tools that may help you to raise responsible confident tweens and teens. Teen issues such as self-esteem, technology, drug and alcohol use, bullying and risk prevention strategies are discussed.

## WORKSHOP

Tuesdays

1-3 pm April 13, 20, 27

Future schools to be announced later.

**COST: \$35**

This is a virtual workshop.

Pre-Registration for this workshop is required in order to mail workbooks. Space is limited.

Please go to the following link to register: <https://go.osu.edu/takeoffreg>

Upon completion of the 3-session series, including end of course surveys, you will receive a \$30 gift card to Walmart or a gas card.

Chris Kendle, MS, RDN, LD, Extension Educator, Family and Consumer Sciences, CFAES  
Ohio State University Extension Tuscarawas County, 419 16<sup>th</sup> St SW, New Philadelphia, OH 44663  
[kendle.4@osu.edu](mailto:kendle.4@osu.edu) / (330) 339-2337 Office / Direct Line (330) 365-8157

[tuscarawas.osu.edu](http://tuscarawas.osu.edu)



**THE OHIO STATE UNIVERSITY**

COLLEGE OF FOOD, AGRICULTURAL,  
AND ENVIRONMENTAL SCIENCES

— *We Sustain Life* —

CFAES provides research and related educational programs to clientele on a nondiscriminatory basis. For more information, visit [cfaesdiversity.osu.edu](http://cfaesdiversity.osu.edu). For an accessible format of this publication, visit [cfaes.osu.edu/accessibility](http://cfaes.osu.edu/accessibility).