

Dining With Diabetes

LOCATION:

Broadway United Methodist Church 120 Church Ave SE, New Philadelphia

DATES & TIMES:

Mondays, November 8, 15, 22 & 29 10:00am – 12:00 noon

COST:

All four classes for \$30 per person

WHAT IS DINING WITH DIABETES?

DWD is a cooking school and nutrition education program. During the four-class series, learn about healthy cooking techniques, sample delicious foods, and gain skills to better manage diabetes.

WHO SHOULD ATTEND?

Anyone interested in better controlling blood sugar is encouraged to participate and to bring a family member, friend, caregiver, or other support person.

Register online at: http://go.osu.edu/TuscarawasDWD

Pre-Registration is required in order to have materials prepared. You can register at the following link or by completing the form below. The last day to register is November 1st. Credit card payment or check accepted with online registration.

Chris Kendle, MS, RDN, LD

Extension Educator, Family and Consumer Sciences, CFAES kendle.4@osu.edu 330-339-2337 (office)

REGISTRATION FORM for DINING WITH DIABETES

Name(s):	
Email:	Phone:

Make check payable to OSU Extension

Mail to: OSU Extension, 419 16th St SW, New Philadelphia, OH 44663

TUSCARAWAS

tuscarawas.osu.edu

