During these 4-session virtual workshops, we use Active Parenting curriculum to introduce you to tools that may help you to raise responsible, confident children, and to navigate through issues that many parents struggle with.

Each workshop focuses on a different age range, allowing you to customize your experience to fit the ages of your children. You are welcome to participate in more than one workshop.

**JOIN YOUR BLAST OFF FLIGHT CREW:**
Joseph Maiorano and Chris Kendle as they provide strategies to LAUNCH your parenting skills into a successful future!

### First Five Years
This workshop is for parents of children birth to age five. You will learn how to use freedom and non-violent discipline strategies to nurture your child.

- **September 27, 28, 29, 30**
  - Time: 10am-12pm
- **January 24, 25, 26, 27**
  - Time: 12:30-2:30pm
- **April 25, 26, 27, 28**
  - Time: 10am-12pm

### School Age
This workshop focuses on helping parents raise responsible children who are able to resist negative peer pressure.

- **October 25, 26, 27, 28**
  - Time: 10am-12pm
- **February 21, 22, 23, 24**
  - Time: 12:30-2:30pm
- **May 9, 10, 11, 12**
  - Time: 10am-12pm

### The Teen Years
This workshop focuses on helping parents raise responsible confident tweens and teens. Teen issues such as self-esteem, technology, drug and alcohol use, bullying, and risk prevention strategies are discussed.

- **December 13, 14, 15, 16**
  - Time: 12:30-2:30pm
- **March 7, 8, 9, 10**
  - Time: 10am-12pm

Pre-Registration is required for each workshop. The cost of a 4-session workshop is $30. Once payment has been received, you will receive a book and workbook in the mail. Upon completion of all 4-sessions, you will receive a $25 Walmart gift card or gas card.

Please go to the following link to register: [https://go.osu.edu/blastoffregistration](https://go.osu.edu/blastoffregistration)

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